



Boys & Girls Club of Niagara  
A good place to be

# Nightlight Youth Services

5519 Ontario Ave  
Niagara Falls



## Short Term Residence

### Are you?

- Between the ages of 16-30 and currently do not have stable secure housing?

Nightlight Youth Services offers a safe place to stay, meals, resources, referrals, community information and a variety of development, recreation and life skills programming including:

Anger Awareness

Overcoming Addictions

Cooking/Baking

Job Search Strategies

Healthy Relationships

Healthy lifestyle Choices

Substance Use Awareness

Budgeting and Meal Planning

Resume Building

Self Esteem

Youth and the Law

Many More...

Please contact 905-358-3678 or visit  
[www.boysandgirlsclubniagara.org](http://www.boysandgirlsclubniagara.org) to learn more about our  
programs...

